

Power Walk Yourself Healthy!



Take
the first
step!

The proven
Walk"IN" Workout
for a
Healthy Body

All Ages &
Fitness Levels
Welcome

Tuesdays &
Thursdays
at 5:15pm

Leslie Sansone's

Walk
live classes

Margaret Dalton Children's Center
975 Broadway, Jackson
Contact: Beth, Certified Walk Leader
471-8792

WalkLiveWithFitnessMadeFun.com

