

FAITH & SPIRIT



Lost and Found Angels

By JoAnne Hunot

I have spent a lifetime working with my hands to create functional and artistic pieces. For the last fifteen years, I have been making assemblage pieces from vintage items. I mostly create angels because I love the symbolism of an angel who guides and protects. I have spent many years as a caregiver to my family, and have come to understand the deep spiritual nature of motherhood and domestic work.

The angels I make are in honor of mothers, sisters, grandmothers, and girlfriends; all of the women who are beside us as we go through life. I am thankful for the women who cared for me and I am proud to have been able to care for my children, family, and friends.

These relationships have taught me much about gratitude and the power of love. My angels are constructed from discarded items I find at thrift stores, antique alleys, and garage sales. Many were items that women used in their daily lives for work and chores. These old utensils, cooking pans, spoons, and graters have such a wonderful patina from years of use. They represent countless hours spent caring for children, pre-

paring meals, washing dishes, cleaning, doing laundry, baking for special occasions, and forming family traditions. I can't help but think about the women who used these things as I collect them.

I wonder how many times a single spoon must have been used, washed, and put away before it ended up in a box of junk. When I look at an old dented cookie cutter, I see mounds of cookies for snacks, school, and holidays.

I also use items from the fun and creative part of their lives: knitting needles, sewing implements, buttons, curlers, hair clips, and watches. I always add a piece of costume jewelry to each angel for a little bit of color and sparkle. I feel connected to these women who have lived in other places and times.

It has been so satisfying to give new life to old objects and turn them into pieces of art. I enjoy the search for items, as well as the process of making the finished pieces. Visit <http://lostandfoundangels.com> for photos of many creations.

Photo above: JoAnne Hunot in her workshop with a friend. Photo courtesy to the Gold Country Times

Achieving Astounding Success in Life When We Recognize Tap Moments

What better time with the Holidays approaching to reaffirm proper values, express gratitude, get our priorities in order, and accept whether this Thanksgiving we are to become a 'giver' or a 'receiver.' As people sit around their Thanksgiving table, some will be celebrating family, health, jobs, any number of good things – and others will not.

For some it will be a difficult time – due to losing a loved one, bad health, losing a job – anything unfortunate that can change a person's life in a heartbeat. This book is for those who don't feel they are succeeding at the level they desire in the business we're all in: the business of life.

Frank McKinney, *NY Times* best-selling author, was inspired by the biblical passage, "from those to whom much is entrusted, much will be expected" when he wrote *The Tap* (Health Communications, Inc.).

He is a businessman who believes heart and soul that we are judged not on what we accumulate or achieve through life but more on our spirit of generosity towards others.

Applying his own philosophy of entrusted fame and fortune into his life-changing spiritual/inspirational book, he shares with the world how God's great 'tap' moments in life prove that compassionate capitalism and spiritual stewardship can co-exist, demonstrating how we can achieve huge success, but only when we consider those less fortunate before ourselves.

It primes you to start thinking that the rewards of success aren't meant for you alone, regardless of whether those rewards are already in hand or coming soon.

As a successful entrepreneur who graduated high school with a 1.8 GPA, McKinney generously donates significant amounts of money to his non-profit Caring House Project Foundation (CHPF) that provides a self-sustaining existence for desperately poor and homeless families around the world.

He credits his astronomical success to his deep faith and accompanying spiritual principles. He believes that God 'taps' each and every one of us many times in life, answering prayers and presenting life-changing opportunities.

Visit this charismatic author's interactive website at http://frank-mckinney.com/books_The_Tap.aspx. What a wonderful world this could be if everyone read his compelling message and became a "tapped" person as a result of it!

Sorensen's ~ The Place to be for fall and winter!

Feelings of fall are in the air, crispy mornings, clear days and the beginning of the fall color season in Hope Valley. We're heading into winter! Days will be shorter ~ more time for quiet evenings, hearty meals, sitting by the fire, stimulating conversation...all to be had at Sorensen's historic resort lodgings and café.

We have some great programs planned these coming seasons and some NEW and exciting fall and winter adventures. (800) 423-9949 or (530) 694-2203. Visit us soon at: www.sorensensresort.com, or info@sorensensresort.com

NEW! Winter Survival Workshop

Hopefully, you'll never need to know what to do if you get lost out in a Sierra winter, but it's better to know what to do just in case. Members of the nonprofit, all-volunteer Tahoe Nordic Search and Rescue Team (TNSRT) will lead an easy snowshoe and cross-country ski trek to cover planning and preparation, proper dress and equipment, emergency shelters, and more.

Dress in warm layers; with gloves, hat, waterproof and warm footwear. A good time to fuel up on breakfast at Sorensen's Café beforehand (bring your own snacks and water). For lodging and class signups, call Sorensen's at 800/423-9949. Dec 12, 2-hour work-shop, ages 12 and up; call for times. \$25 donation guests/\$50 non-lodging guests (cost is tax-deductible; and will benefit TNSRT rescue efforts and will also be matched by Sorensen's)

Sorensen's Resort is a historic collection of cabins and cottages located in beautiful Hope Valley, just south of Lake Tahoe and 1 mile east of the Highways 88/89 junction, or 14 miles east of Kirkwood Ski Area on Highway 88.

Come and relax, enjoy home cooking, fresh air and owner John Brissenden's smiling face as he greets you. A great place for good family fun, a romantic getaway, or a friend's 'spirit restoration' weekend.

Topiaries of bear cubs play forever on the grounds, and scamper up the aspens. Inviting pine chairs line a pathway, ready for star gazing. Sorensen's offers lodging and delicious meals in an intimate setting where diners are family.

Set in a pristine valley, surrounded by lakes, meadows rivers and streams, this family-friendly resort with year-round activities such as trail tours, fishing, hiking, bird-watching, and watercolor workshops, is worth a visit. Wintry weekends at Sorensen's are spectacular!

Hi Friends & Animal Lovers - I'm getting the word out about a very worthwhile horse rescue in Idaho that could really use our help right now. Orphan Acres has been run by one man, Brent Glover, & only volunteers for over 35 years. Right now, OA has an Emergency Hay Fund Drive going on to purchase hay that will last through the entire Winter for over 80 horses.

If there is any way that you can help out, please visit the OA www.orphanacres.org. You'll notice on the site that a beautiful photo book, 'The Forgotten Horses', is available for purchase and that 50% of the price goes to help the horses at OA. The book would be a wonderful gift idea for the holidays coming up.

Thanks so much for any help you can give to this deserving horse rescue in need.

Carla B, cb@waterfallsusa.com

Thanksgiving Dining at the Carson Valley Inn

The Carson Valley Inn (Hwy 395, Minden, NV) is celebrating Thanksgiving on Thursday, November 27 with holiday dinner specials in Fiona's Bar and Grill and Katie's Country Kitchen.

Fiona's Bar and Grill, located inside the Carson Valley Inn, is offering its regular menu plus a special Thanksgiving Dinner from 1:00 to 9:00 p.m. on Thanksgiving Day. \$21.95 per person (\$8.99 for children under 10). All dinner entrees include Fiona's Soup and Salad Bar with over 70 items including Lager-Steamed Peel-and-Eat Shrimp, Pasta Salad, Grilled Chicken Salad, Tuna Salad, Fresh Sliced Fruits and Seasonal Berries, Crisp Assorted Salad Greens and a Variety of Salad Toppers, New England Style Clam Chowder and Nantucket Corn Chowder, and Freshly Baked Squaw Bread.

Dessert is also included with choice of Pumpkin Pie, Apple Pie, Cheesecake or Ice Cream. Fiona's will be seating guests in order of arrival for Thanksgiving Dinner.

Katie's Country Kitchen in the Carson Valley Inn is offering its regular menu all day plus two Thanksgiving Day dinner specials from 11a.m. until 9 p.m. The Roast Tom Turkey special is \$12.99; Virginia-style Baked Ham with Rum Raisin Sauce \$8.49. Both specials include Choice of Fresh Garden Salad or Nantucket Corn Chowder, Bakery Fresh Breads and Creamery Butter, and Dessert (choice of Pumpkin Pie, Apple Pie or Ice Cream).

Specials are \$5.99 for children under 10. The Carson Valley Inn (www.cvinn.com) is located on U.S. Highway 395 in Minden, NV. The Inn is just 20 minutes from Lake Tahoe's south shore.

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