



Happy New Year to All!

Announcing Walk Live - Fitness Made Fun

2012 Walk Special!!

Now For a Limited Time, You Can Save

20% on Your First 12 Classes!! (2012)

We Meet at Ko Sutemi Karate Studio in Pine Grove

Mon, Tues and Thurs – 9:00 AM and 10:30 AM

Tues and Thurs – 4:45 PM and 5:45 PM

Beth – Certified Walk Leader

471-8792 or walkleaderbeth@yahoo.com

WalkLiveWithFitnessMadeFun.com