

Boston Alley Fitness

1/2 block behind Main Street • 43 Boston Alley, Sutter Creek

www.bostonalleyfitness.com • 209-507-2305



YOGA



ADULT CLASSES STARTING NOW

Small Classes, Personal Attention

MON, 10:00 AM

Mama, Papa & Me

for parents and babies or children to age 5

TUES, 5:30 PM

Higher energy, Vinyasa flow class

THURS, 5:30 PM

Yoga For Everyone -- Restorative, beginner-friendly

SAT, 9:00 AM

Gentle, restorative

**Class size limited. Call to register and
reserve your space today!**

Tyler Haedrich • 209-507-2305