



NYF is partnering with ACRA to help get you ready for the Tri Amador!

What this means for you:

- **Membership:** Get two months of membership for \$90, no enrollment fee. Offer expires 8/31/15.
*Must show proof of registration for Tri Amador.
- **Training:** NYF will have triathlon training workouts posted to help you get prepared for the big day. The "Masters" swimming class will also be available for training.
- **Discount:** Receive \$5 off of the Sprint or \$10 off the Olympic distance on your registration for the Tri Amador if you are a current member of New York Fitness.

Register online and view the course maps at Active.com (Tri Amador), goacra.org, or contact the Amador County Recreation Agency at (209)223-6349 or email jwilliamson@amadorgov.org

615 New York Ranch Rd.
Jackson, CA 95642
209.223.3236
www.nyftyfitness.com