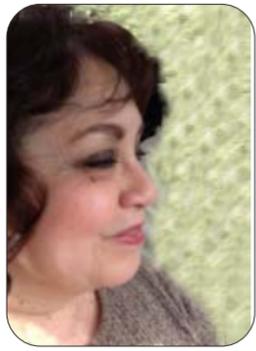


FROM THE EDITOR'S DESK



Eva Dunn,
Editor

LOVE MONTH

February is always such a feel-good month, full of love, flowers, chocolates, cards, hugs and fun... It's Valentine Month! Wouldn't it be wonderful if we could hold on to the love for the entire year? Let those we love know that they are in our thoughts, that we appreciate them; not get so busy in our own world. It would change the very atmosphere in our homes and workplace, perhaps even change the world. February is Heart Month! If you're still struggling with those New Year resolutions, check out page 12 for healthy foods, miracle vegetables, and even mind-body techniques. Something is bound to inspire you! We have some locals making news... Al and Sunny Lockwood will be signing copies of their book, see page 15... and an inspirational true story of a 10 year-old who turns a bully into a friend, page 7. Look for the Good in people... and you're bound to find it!

DeVusser Birth

Ryan James DeVusser was born on January 23, 2014 at 7:44pm in Sacramento to Ryan and Amanda DeVusser of Valley Springs, and big sister Kayli May. He weighed 7 lbs 13 oz and measured 19.5" long. Grandparents are Eric and Darlene Busi, Kary Ann Stanger and John Malec, and Bud DeVusser. Great-grandparents are James and Jessica Busi, James Leslie, Lorrie Leslie, Chuck and El Stanger, and Rene and Noreen DeVusser.

DAFFODIL HILL

Beginning mid-March for almost four weeks (sometimes closing earlier for the season due to rain), Daffodil Hill continues to bring thousands of visitors to Amador County. This lovely, natural and free attraction is an explosion of yellow and white daffodils, over 300,000 in a gently rolling area complete with animals, benches, strolling peacocks, and picnic tables. McLaughlin Ranch in Volcano. (209) 296-7048 for dates.

CYBL is currently registering for the 2014 Spring Basketball Camp boys and girls ages 4-18 on March 8th, focus on improving player skills: footwork, shooting technique, ball handling, passing, rebounding, offensive/defensive. Camp will include drills, contest, and games. The Spring League is April 5-July 14. 916-391-3900 or visit online at www.cybhoops.com

Federlein Family

Calaveras Community Foundation (CCF) has been the recipient of over \$81,000 over the past several years from The Federlein Family Fund at the San Francisco Foundation specifically to benefit area seniors. An additional generous grant of \$20,000 received in December enabled CCF to provide surprise grants to various local organizations. www.calaverascommunityfoundation.org

Sutter Amador Hospital Exceeds 2013 Matching Grant Goal

Thanks to generous community support, the Sutter Amador Hospital Foundation raised more than \$168,000 toward the 2013 Matching Grant exceeding their goal of \$150,000. Community members' investments were doubled thanks to Sutter Health's matching grant program – bringing the grand total to \$318,000. This valuable funding will improve access and strengthen surgical care in Amador County with proceeds designated for orthopedic and general surgical equipment.

All gifts made to Sutter Amador Hospital, regardless of their size, have a significant impact. Community members requiring orthopedic or general surgical care can expect the latest innovations in care, including less invasive treatments, thanks to these gifts.

Many donors gave gifts in excess of \$5,000, including Bill and Nikki Allen, Amador Community Foundation, American Legion Ambulance, David and Gretchen Carlson, Richard and Laurie Forster, Jackson Lions Club, Anne and Bruce Platt, Rotary Club of Jackson, Pat and Carl Simonsen and the Spinty Foundation.

These contributions were essential to meet the foundation's fundraising goal. The Sutter Amador Hospital Foundation is now focusing on its 2014 Matching Grant Program, which is dedicated to raising funds for enhancing the early detection of breast cancer through the addition of leading edge mammography equipment. To learn more about this critical initiative, please contact Jody Boetzer 209-257-7619 / boetjez@sutterhealth.org

Accessibility for Theater

Following is a list of programs offered by CMT for its Broadway Sacramento shows to help provide accessibility to all patrons:

Hearing assistive devices: Hearing assistive devices are available for loan at a table near the box office (L Street entrance). A driver's license or other form of ID is required for deposit.

Sign-interpreted performances: The final Sunday matinee performance of most productions will be interpreted for the deaf and hearing impaired.

Open captioned performances: The final Friday evening performance of most productions will be open captioned for the deaf and hearing impaired.

Audio described performances: The final Saturday matinee of most performances will be audio described for the blind and visually impaired. Ear pieces for these performances are available for loan at a table near the box office (L Street entrance). Please be sure to reserve an audio receiver at the time of your ticket purchase.

Disabled and wheelchair seating: Seating locations in the Community Center Theater for patrons using wheelchairs or with a disability are located on the orchestra, grand tier and second tier levels.

TTY/TDD: TTY for the Convention Center Box Office is (916) 264-7151. For more information about audio description or any of CMT's programs for patrons with special needs, contact Barbara Haig, Assisted Arts Coordinator, 916-446-5880, Ext. 149, or bhaig@calmt.com 916-808-5181 or the Wells Fargo Pavilion Box Office (916-557-1999) tickets/ info.

PHOTO OF THE MONTH



American Legion Ambulance presents a \$10,000 check to Sutter Amador Hospital. Pictured from L – R: SAH CEO Anne Platt, SAH Foundation Board Chair David Carlson, SAH Surgery Director Melody Montgomery, Surgeon David Melniczek, M.D., American Legion Ambulance President Al Lennox and American Legion Ambulance Vice President of Operations Alan McNany. Article at left. *Photo Special to the Gold Country Times*

Speak words to build up and not to tear down: Learn to hold your tongue (count to ten) rather than blurt out hurtful barbs in the heat of the moment.

The Gold Country Times

The 'Good News' newspaper
Online at www.goldcountrytimes.com

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Editor-in-Chief

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Theater, Music

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Theater, Events

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Theater, Music

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My Life... Single Mom

Published in Sutter Creek, The Gold Country Times, serving readers in four counties along with the dynamic internet community, with the 'Good News', is a positive example of journalism with an eclectic assortment of articles and reviews ranging from theater and music, health and wellness to the arts.

OUR MISSION: We are dedicated to providing the 'Good News' and news of the gold country, and reaching more communities than any other single newspaper. Along the way, should we educate, inform, and entertain, it would be a good thing.

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